

勵學特恆 守正善群 Come to Learn. Go to Serve.



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地利亞修女紀念學校(吉利徑) Delia Memorial School (Glee Path) 二零一九年 第十期 / Issue No. 10, 2019





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Principal's Message 校長的話



Delia GP has become an IB World School. I recall the next day after we got the news of our accreditation, a student walked up to me with a lovely smile and said, "You have accomplished your dream, congratulations!" I was a bit shocked and my instinct asked me to think of which dream she was referring to. I remembered she was one of the student representatives interviewed by the IB inspectors a while ago. By then I was aware of what she had actually meant.

A lot of memories ran through my head when someone like this little girl said that my dream had come true.

Eight years ago, when I transformed myself from a Broadwayer into a GleePather, it seemed to me that a lot of things had changed. My desk changed; the school changed; the teachers changed; the students

changed. But one thing stayed the same, and it is still the same up to this moment: my belief in education. To be more specific: my belief in multicultural education.

Nineteen years ago, when I was granted an opportunity to work with children of different ethnicities in Delia Broadway, I tried to adjust myself. Based on a teacher's instinct, I read several books. I tried to find ways to get along better with my students, looked for ideal models so that the students with me could benefit the most, James Banks's multicultural education appealed to me the most. After recognizing the methodologies available, we implemented them. At the same time, the enrolment of ethnic minorities in Broadway increased. Starting with the number of 14 students when I first joined the school, 11 years later when I left, there were more than 800 students from different multicultural backgrounds.

In 2011 I brought nothing from Broadway to Glee Path but my belief in multicultural education. Since the first day I came to Delia GP, I was very much conscious of the "mistakes" I had made, especially the overwhelming composition of non-Chinese-speaking population in the school. I was aware of this because this situation jeopardized the implementation of a multicultural education. The lack of balance in the ethno-cultural composition of Broadway was not ideal for the provision of a bilingual environment for children to develop their language skills, specifically in their second language.

That was why in Delia GP, we implemented a new initiative in Hong Kong called the Immersion Pilot Scheme. We also started a teaching pedagogy called Two-Way Immersion in different subjects. We launched

an interesting co-curricular activity called GP Family. We regularly promoted our initiatives—and the beliefs underpinning them—to parents, students, and even the alumni through 凝融, a school magazine for all stakeholders.

Seeing the increasing number of students in Delia GP, the senior management was happy. But I was worried about the lack of balance in the composition of the two speaking groups in school that seemed to grow more disproportionate day after day.

I had to admit that Two-Way Immersion, the core of our multicultural education, is too distant a concept for the general public to understand, especially when it is translated into Chinese as 雙語雙向沉浸課程.

In the summer of 2016, a series of concerted meetings were held among all the teachers

in Delia GP and we decided on several things. Our school's core value "Come to learn, Go to learn" was born. At the same time, we identified our next goal, which was to become authorized to offer the IB, an international program centered on international mindedness, aimed at bringing pupils from different ethnicities together. More than this, the IB would be a much easier concept than Two-Way Immersion for the general public to understand in terms of what kind of education we provide.

We achieved the IB dream together with a team of visionary and committed teaching



HOUSE Election 一大 是 基

use Election

One-Person, One-Vote

The school's first House Election was held on September 25, 2017. All students were able to vote for their favorite under the 'one-person onevote' system.

2017年9月25日,我校舉辦了第一屆的 四社選舉,每位同學都可以一人一票的形 式,選出自己喜愛的社長。





















第54屆學校舞蹈節

This is the first year, our team received an Honor Award in the School Dance Festival. This year's theme is about "We love dancing". As minorities in Hong Kong, we seldom express our thoughts to people, so we didn't have much confidence. However, this was not true when it came to dancing. Dancing brings us happiness and tears of joy. We can be strong and confident when we are on stage. We want to share the message that if you work hard, try your best, you also can receive appreciation from others.

今年是我校第一次於校際舞蹈節獲得優異獎的佳績。這次比賽的主題是"我們都 喜愛跳舞"。在香港,由於我們屬於少數族裔,在日常生活中我們很少有機會表 達自己的想法,亦沒有太大的自信。但是,在舞蹈的世界,跳舞帶給我們的喜樂、 歡笑和淚水讓站在台上的我們變得很強大和自信。因此,我們很想勉勵大家,只 要你盡自己最大的努力,你一定也能夠獲得別人的欣賞和認同。







Last year, being able to achieve the Honor Award was beyond honorable. After 2 years of hard work and constant tiring practices, our hard work paid off and was recognized by the professionals. Having a chance to express ourselves through dancing in front of a huge audience was a memorable experience. Apart from crying tears of joy, we also got introduced to a variety of dancing styles. For the coming future, I hope that we can continue with our good work and keep striving to be better.

4A Limbu Richa

For me, getting the Honor Award was one of the most memorable moments of my life. I learnt something meaningful from that day. We need to work hard each and every step, if we really want to achieve something. I still remember the last practice when we weren't bothered by the blazing sun and excessive sweat on our bodies. I really want to thank our dance teacher and Miss Kwan who inspired us to work harder. Next year will be my last year of joining dance club, I hope to give a memorable performance.

4A Kaur Navaldeep

Being a senior member of Dancing club, my friends and I had the huge responsibility on our shoulders to lead our team to be the best. Despite practicing our dance routine a hundred times, we were still a bundle of nerves when it came to the actual performance. With excitement, nervousness and energy, we gave all that we could.

In the end, it was all worth it. I was proud of the efforts put into getting there by my fellow teammates. This will always be a huge moment in my dancing life.

FILE TITULY IN THE SECOND SHOW THE SECOND SHO



On 20th October 2017, our school organized a fashion show to give our potential designers and models an opportunity to demonstrate a wide range of talents in fashion. With their amazing creativity, the performers charmed their audience and won a nice round of applause. We highly appreciate their effort and are proud of their imagination and performance.

2017年10月20日·我校舉辦時裝表演秀·讓有潛質的學生展示他們在時裝方面的才華。所有參與者都充分發揮想象力·他們的創意令觀眾眼前一亮。我們非常欣賞同學的努力·也為他們的想象力和表演感到驕傲。























Pink Shirt

In today's digital world, it is impossible to escape onlin bullying, whether it takes the shape of harassment spreading rumours, sharing embarrassing information or threats. This year, the Pink Shirt Day is encouraging others to combat cyberbullying by thinking twice before posting something negative, and instead using the internet to spread kindness - because we know that we should Be Kind! On February 27, 2019, we encouraged everyone to practice kindness and wear pink to show that you do not tolerate bullying.

現今科技日新月異,雷腦、手提雷話已經成為青年人生活中不可 或缺的一部分。近年網絡欺凌充斥校園,無論是騷擾、散佈謠言 發出威嚇字句等行為,都屢見不鮮。今年,Pink Shirt Day 主题 就是防止網絡欺凌,口號是「Be Kind」,意思是希望大家在 放任何不當信息前先「三思」。誠然・科技為我們的生活帶來不 少便利,但是我們必須善用它。二零一九年二月二十七日就讓我 們一起穿上粉紅襯衣,向網絡欺凌説「不」,讓「愛」遍佈校園。



1C Pek Aalivah Verginia Valencia

My experience in being a part of pink shirt day was mostly

There is a lot of thing to talk about Pink Shirt enjoyable. In the part of a flash mob, it was very tiring but that Day. First of all, I' m going to explain what was expected. I personally loved being a part of the pink shirt pink shirt day is. Pink shirt day is a day we anti-cyberbullying because I got to do it with a lot of great wear pink clothes. You may ask the story people and close friends. In fact, I had actually developed behind, there was a junior boy that went to knew friendships whilst a part of pink shirt practices, which is school wearing a pink shirt and the others always nice to know more people. When it came to the actual bully him because pink is not for boys. Then performance and promotion for pink shirt anti-cyberbullying, the seniors saw it and ask all other classmates it was even more enjoyable than I thought, just from the bus to wear pink in order to support the little boy. ride to the location. We all got to bond while preparing for the And now, we all wear pink to support those performance. The performance itself was also fun. When we all being bullied. On the pink shirt day, we went started to get into position, I saw people watching at first. I got to Tsim Sha Tsui and performed a flash mob nervous of course but after a while I started to loosen up and dancing. I really like the dance because it was then it got fun and more enjoyable, especially with the company fun to go out and dance. I also really like the of my friends. I also love the idea behind pink shirt. Since cyber pink shirt and it looks cool so that I keep it bullying is a big problem now especially for teenagers, I think well. It was also fun to tell people the story it is a good thing to spread awareness about the matter. Some after our flash mob. Although practicing in kids have depression and stress, and even get embarrassed. But lunch time is guite demanding for me, I think don't think any child has to tolerate or experience, So, I really it was worth as our performance was brilliant! ope that pink shirt can make a difference.

1B Al Wesabi Ava

Parents-Teachers Association 家長教師會

PTA had a wonderful fun day in an organic park on 17/3/2018. 家教會於 2018 年 3 月 17 日到了有機農場享受田園之樂。

We had DIY organic sticky rice pudding with red beans. Though a lot of us have eaten the pudding, none of us have the experience of making it on our own. It is really an interesting experience when you have to make something you are familiar with but never have chance to make it. We also picked the strawberries in the field. Though the size of the strawberries were small, was once again a brand new experience to most of us. We a knew more about organic farming and have a good day with our families and school.

首先,我們一起製作紅豆砵仔糕。雖然大部份人都吃過砵仔糕,但大家

都從沒有試過親手製作砵仔糕。之後,我們在農場裡撿草莓,雖然

草莓不太大,但大家都樂在其中。 是次活動增加了我們對有機耕種的



















識,同時也讓我們有機會與家人共享天倫之樂。





In the evening of 12th October 2018, a lot of parents gathered with us in school to collaborate on the discussion of the school operation. Both parties had the same aim, that was working out a better learning environment for our kids. Besides having PTA Annual General Meeting and Committee Members Election, parents also had chance to know more about the growth of our school and meet with the Form Master or Mistress, and Class Teachers. Talking on further studies was also provided to parents of Secondary 6 students. Both parents and school had a fruitful discussion and meeting in that evening.

2018年 10 月 12 日的晚上,很多家長來到學校參加家長晚會,我們都有一 圆共同的目標,就是為學生營造更好的學習環境。除了舉行家長教師會周年 會員大會及進行家長教師委員會家長委員選舉外,當晚家長還有機會了解學 校最新的發展路向及與級主任和班主任會面。另外,我們也為中六<u>學生家長</u> 安排了升學出路講座。家長晚會提供一個平台讓老師和家長見面,讓雙方能 涌力合作,促進學生的成長。



Talent Show Competition

Talent show competition is one of the popular joint Association in Delia Memorial School.

This activity is aimed at providing alternative school experiences other than the Joint-school academic competitions, sports competition, etc. Through participating the competition, students can not only develop their strengths but also can nurture them with team spirit, organization skills and problem

才藝比賽是由地利亞修女紀念學校聯校學生福利會所舉辦 的其中一個最受同學歡迎的活動。

才藝比賽的目的是讓同學在學業和運動比賽以外展現自己 的才華,體驗不一樣的校園生活。透過是次活動,同學們 不僅可以一展所長,而且可以培養他們的團隊精神、組織 能力和解決問題的能力。







4a Gurung Monika

To be honest, I was not personally excited, ready, nor determined that we'd win in the competition but I believe that it was because of our numerous hours of practice, hard work and dedication we had put in our work. Oriental (cultural) dance was something we weren't familiar with as it was our first time participating as an oriental (cultural) team. There were tons of obstacles such as music, dance steps and our clash of ideas but at the end we all created something unimaginable. It was difficult, yet rewarding!

4B Kaur Shubhika

Taking part in the Inter-School Talent Show was one of the most memorable event for me. I still remember having only 2 days to make the dance. With that in mind, I thought we had no shot of winning this competitio n. In those 2 days, we had worked really hard to perfect our steps and give it our all. In the end, we had got champion and we were honestly so overwhelmed. I realized that this event really helped me bond with my teammates and encouraged me to always have faith even if it seems like there's no hope left.

4A Limbu Richa

Inter-School talent show was a nerve wracking time for me. To be honest, I had no hope to win a champion in talent show. I think our strong urge to show our support to multiculturalism through our dance reached the judges. We worked really hard for this show, which really paid off. We could do that only because we cooperated really well for our common goal. I really thank my gorgeous girls who really put a lot of effort













Our students joined a Putonghua summer camp at National Sun Yat-Sen University, Guangzhou, on 4th July 2018. The course was taught by instructors of the university in which our students were assigned to learn from, and communicate with the local university students to enhance their Putonghua proficiency and make preparation for the Putonghua Proficiency Test.

2018年7月4日,我校學生前往位於廣州的國立中山大學,參加普通 話夏令營。課堂由大學講師主講,同學還獲安排與大學生一起學習、互 相交流,以提升學生的普通話水平,并為普通話水平測試作好準備。







PTH Summer Camp 普通話夏含營











5A Wong Cheuk Lam Lilian

unforgettable experience.

5A Harry Ada Dona

because we got to learn Mandarin into the school till the day we left, it out already just by the thought and the culture, and got to meet was a great experience that I will never of going to China with my friends amazing people. I want to thank all forget. I am so grateful for having the because I have never been to other the teachers and students that had opportunity to go to Sun-Yat-Sen for countries/cities apart from my joined this trip that is unforgettable. a study trip. It is definitely something I hometown, India. I honestly wished I I would highly encourage students will never forget. I would like to thank could stay forever but everyone has to take part in this trip if they have my school Delia Memorial School (Glee to face reality right. This study tour the chance to as it will be an Path) for giving us this chance to try will always have a special place in easy language to learn but this trip Leong for fulfilling my dream! made it fun to learn

5A Sumram Kaur

This experience was amazing From the very moment we stepped In my head I was slightly freaking something new. Putonghua is not an my heart. A special thank you to Ms.

5C Limbu Purna Raj

I felt this was a very enjoyable I really enjoy the camp as I have not to join this program.

5C Villarin Paul Miguel Virina

trip to China as it was the first only learned Putonghua, but also the time I went on a trip with my Chinese culture. I also know more about friends there. I also made my friends, and meet new friends. I'm friends with the students of the grateful for getting the opportunity to other branch of Delia. I would go and study at Sun Yat-Sen University. like to thank the teachers and I would like to thank the teachers and tutor of Sun Yat-Sen university tutor in the university. They are helpful for giving me the opportunity and kind to us. Our school and the teachers who went with us (Ms. Kong & Ms. Yip) give us an unforgettable







Our senior dodgeball team joined the Hong Kong Secondary and Primary Schools Dodgeball Competition 2018 – Hong Kong and Kowloon Division – Boys Senior Group in March. Our team got second place. The students developed team spirit and learned to stay positive in difficult situations.

我校閃避球隊參加了 2018 全港中小學學界閃避球 比賽 - 香港及九龍分組 - 高中男子組。該項賽事在 2018 年 3 月舉行,我校取得了亞軍。同學們在比 賽中獲益良多,加強了團隊精神及學習了積極面對 逆境的精神。

4A Singh Sukhrajvir

I am Sukhrajvir Singh, the team captain for this year's dodgeball team. We achieved 1st runner up at Hong Kong Secondary and Primary School Dodgeball Competition 2018 – Hong Kong and Kowloon Division – Boys Senior Group. It was an unforgettable moment for all of us because we had been training for more than 2 years and finally our hard work paid off. Some people may think dodgeball is an easy game but it's not that easy as it looks. For playing this game, we have to trust and communicate with our teammates so that we can play like a team and defeat others. We have to be fit so that our movements can be fast. These are some basic things that we need to do in trainings if we want to play well in dodgeball competitions. I hope I can maintain my team spirit so that we can win more trophies for our school in the upcoming years.

"In Touch with Hong Kong Artists- A School-based Art Learning Pilot Programme" are presented by the Leisure and Culture Services Department, and organized by the Hong Kong Museum of Art, in collaboration with the Hong Kong Society for Education in Art. The programme introduced Hong Kong artists and the contemporary art collection of the Hong Kong Museum of Art to local students through an array of interactive education activities, thereby raising their interest in and attention to the Hong Kong art scene.

「與藝術家同接觸:校本藝術賞創先導計劃」由康文及文化事務署主辦,香港藝術館籌劃,香港美術教育協會協辦。 通過一系列互動教育活動,向本地學生介紹香港藝術家及香港藝術館的當代藝術藏品,從而提升他們對香港藝術家的認識和對藝術的興趣和關注。

In Touch with Hong Kong Artists 與藝術家同義的

A 劉昱訊

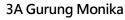
對於是次雕塑製作,初時由於我並沒有相關的經驗,因此對自己沒有太大的信心。幸好,在老師、家人和組員的鼓勵及幫助下,我和組員最終能克服所有困難,完成雕塑。萬事起頭難,我與小組成員剛剛開始時需要不斷討論如何設計才能展示我們的創作意念,設計了的雕塑又是否能夠實行。其後,我們分工合作制作不同部位的構件及上色。所謂當局者继,除了組員員我亦會嘗試多問他人的意見,看看他人的觀點能否刺激我思考更多的創作靈感。這時,家人及老師便會成為我詢問意見的對象,例如媽媽在我制作雕塑部件時便曾經指點我,令我更得心應手。而老師的建議令我們的作品更臻完善,例如在擺放雕塑構件的時候,我們需要注意整體與構件的配合,適當地調節位置與角度以至顏色的配搭等,從而展現美感之餘亦能充分表達我們的創作意念。總括而言,整個藝術創作令我獲益良多,令我更喜歡藝術了!











The main idea of this project was about bamboo sculptures, which integrates with Chinese culture. Our group decided to make many butterflies surrounding the main skeleton of bamboo in the middle. The bamboos symbolised the gentlemen while the butterflies carry a meaning of spreading gentlemanliness to the other parts of the world.

Throughout the whole process, we had a lot of difficulties but with the help of each other and Miss Yung it was easier. We also divided different jobs/parts to each of us which made it even more easy. Moreover, it helped save us time. We sometimes had to sacrifice our lunch and after school time to finish this sculpture but in the end, it was all worth it. We learnt a lot of new things and I'm really grateful that I got to experience this and make a real sculpture. Moreover, honestly speaking, this was my first time and it goes to the same as my group, we're all proud of our final product. Although it may not be good as other groups, we are truly proud of ourselves and the final product. I hope we'll all get to make different types of sculpture in the future.





















The 42th Swimming Gala was successfully held on 4th May 2018 at Kwun Tong Swimming Pool. Students from all Delia branches joined different events with the support of cheering team and participants. Our students gave their very best and we got the best results comparing to those in last few years. Our cheering team was awarded the First Runner-up in the cheering competition.

動員在啦啦隊的吶喊聲中,使出渾身解數,爭取最好的成績。我校的學生代表在各項 賽事均全力以赴,創下歷史性佳績,啦啦隊更在比賽中奪得亞軍。













4A Gajamer Rahul

Guess what, we won Champion!!! Not to forget, I had to balance my time between cheering practice know my ability, and my and swimming training. Spent hours and hours on these two activities just for one special day. And it was all worth. Throughout push to keep training. Now this wonderful and unforgettable every time in swimming gala my experience, I have learnt something new. "DETERMINATION" a word I there is progress. Thanks, Mr. would like to spread to everyone a Hon allowed me to be a captain word which everyone should have. and take care of me all the time. It's one word, but with lots of values He gave me the motivation to

6A Kwok Ka Shing

Through the Competition, I have learned a lot of experience, experience is not broad enough, other schools are much stronger than me, it makes me have the record is faster than before, thus continue swimming. Without Mr. Hon, I wouldn't have any achievements.

4A Vergara Jason Emmanuel C.

As this is my 4th year representing the school, I think that being hardworking and staying consistent is the key to winning as I got 2nd place in 100m freestyle last year which I'm proud of Yet I know that I have more room for improvement and more opportunities to gain for getting closer to the number one spot. Besides that, I appreciate the work efforts of Mr. Hon and the swimming coaches throughout the whole journey, they have been great teachers to help us develop our skills further. I am very prepared to face upcoming challenges and excited to achieve more goals in the future.

GP Family Mid-Autumn Eestival

For Chinese people, Mid-Autumn Festival is one of the most important festivals. This year, our GP Family made lanterns and mooncakes together to celebrate Mid-Autumn Festival. More than 40 GP Families were staying on the first floor, the floor was full of people and energy.

超過 40 個的家庭聚首在一樓,十分熱鬧,各個家庭都充滿活 力,一起製作燈籠和月餅以慶祝中秋節。在此,祝願各個家庭 都能團團圓圓

Chahana Alumni

This year's GP Family activity was quite different for me. I participated in my first GP Family activity 6 years ago. I was glad to come back as an alumnus to share my experience. It was always a great experience whenever there was GP Family activity. My senior brother and sister taught me a lot when I was in S1. All my family members worked so hard to help me adapt to my secondary school life in F.1. When I was in S5, I became a sister for my GP Family, I hope I was able to pass what I learnt to my juniors.









STEM Fair is a communication platform which allows students and teachers from different schools to exchange ideas on the latest development and invention of students product. The DSS STEM Fair was held in St Paul's Covent School. We showcased to our visitors on the vending machine "Pick and Play" which customers could select their product through Bluetooth. In addition, we used 3D printers and invited the visitors to create their own name tags using 3D pen. We also showcased our inter-disciplinary coursework to our visitors. Students learned about knowledge about their favourite animals in the science class and they brought them alive by making them into VR image! It was really a memorial moment for students and teachers!

本年度的創科講座暨學校 STEM 教育成果嘉年華在聖保祿學校舉行。在 STEM 教育成果嘉年華這個交流平台,來自不同學校的師生可以就最新的科 技發展發表意見,當中更有由學生發明的作品展出,別具意義。我校發明了 自動售貨機 "Pick and Pay" ,只需透過藍芽連接便可以進行交易,方便省 時。 此外,我們亦展示了如何使用 3D 打印機,訪客也可以使用 3D 筆製作 自己的名牌。學生也同場展示了跨學科課程的學習成果。學生可以利用虛擬 實境技術,把課堂學到的知識重現眼前。

DSS STEM Fair 2018 創科講座暨學校 STEM 教育成果嘉年華





3B Lorenzo Anabella **Beatrice Bocobo**

Given that it was my first year participate in a STEM Expo, I was very excited to see and experience new things. During the few days, I learned not only how to use it but also how it was made. My interest in STEM grew and made me want understand more of it.



3B Kaushik Riva

I have learned a great many things from participating in STEM Expo. It has changed my entire outlook on and attitude. Before my secondary 3, I was shy, had low self-esteem and turned away from seemingly impossible challenges. The STEM Expo experience helped a lot and I have gained a lot of confidence. It was a nice experience and I really

2B Kaushik Sidharth

I had such an amazing experience of serving others for free and get a best smile from them. STEM Expo is one of the best thing, I have ever experience. I actually learnt a lot from this Expo like, I didn't know that much about 3-D printing but then, after the Expo I can print pretty fast and well!! I love it!





5B Sinah Sukhvir

This year was special because it was my last year playing soccer for my school. There has been a lot of ups and downs in these years. But I have enjoyed every moment of playing soccer in this school as I have learned a lot from my the tough times. I feel really blessed that Mr Lai had given me the opportunity to be the captain for this year soccer team. I hope the soccer team can perform even better next year.

6B Sveda Amen

My football journey for Delia GP has been This year was probably the most I have ever truly like a roller coaster ride. Yet, I have always enjoyed playing football. I put my best effort as cherished the time both on and off the pitch it was my last year playing. I had a lot of fun with my teammates, coaches and teachers. along with my other graduating teammates as It has turned me into a more confident, we reached the final stage of our division. In coach and the teachers who supported me in responsible, and mature person. I believe the the football team, I learnt defensive techniques tradition of the Delia GP Football Team has and tactics from the coach and leadership from been developing significantly over the past few the captain who never let us down. All years and that's what makes me proud. I also experiences will last long in my memory. From believe that leadership skill and interpersonal the moment of defeat to the moment of victory, skills are the two essential elements which I will always be thankful for the experience with 20

6C Rai Nevol

would define an athlete of every Delia GP team. my teammates, coaches and the teachers.

HK Green building week - Ignite HKGBW 2018 香港綠色建築週 - 五分鐘摘





Members of Geography and Environmental friendly club went to Zero Carbon Building(ZCB) in Kowloon Bay to attend an interesting seminar which held by Hong Kong Green Building Council Limited (HKGBC) and Ignite. Ignite is a series of events where speakers have 5 minutes to talk on "Green building and Green life" accompanied by 20 slides, for 15 seconds each, automatically advanced. There were 10 quests from different level of society showing their lifestyles. The talk let students know how to live in a green lifestyle.



們的環保意識。

這項活動讓我們了解各樣綠色知識和探 I felt so amazed for the new technology and how they work to help solve environmental problems that we are 創未來」的關海山教授和外號 "野人" currently facing. I started to think to 的莫皓光分享自己的生活習慣,提高我 myself, "Did I really do enough to protect our environment and society and if not, how can I do better?"





聯校學生福利會領袖訓練日在 2018 年 10 月 13 日順利完成,是次活動增加了幹事之間 的了解,而且也為來自不同分校的同學提供一個交流的平台,同學在活動過程中學會團隊 精神的重要性。

The Joint-School Students' Welfare Association Leadership Training Day was held on October 13, 2018. The committee members were able to know about each other and exchanged ideas with members from difference branch schools. They also learned the importance of team work.













2018-2019 Joint-School Students' **Welfare Association Leadership Training Day** 2018-2019 年度聯校學生 福利會幹事訓練日



4A Luk Hau Tsz

I've learned a lot of stuff in this leadership training. Also, we can know more about other people from different schools and try to work with them, so that we can work more efficiently and better in the future. I wish that we could run more this kind of joint school activities in the coming years. This was a good experience.

4A Kaur Navaldeep

This activity was one of the best ways to start the journey to SWA. Getting to know students from other schools and their experiences was really eve-opening. Although it was pretty hard to communicate with others in the beginning as they were from other schools, we got closer to each other in no time. It was wonderful activity to build my leadership skills and to get closer to my SWA



4A Limbu Richa

Through that training, I have a closer relationship with my SWA team members and the SWA members from other schools. I get to learn some skills from the previous SWA team and thanks to them I can use those skills during the SWA meetings. I have also learned to work with others as a team during the leadership training. I think getting to know each other and memorizing their names were really fun because that activity cleared out



The Tempest -Theatrical Show 莎士比亞音樂劇 《暴風雨》

The EMAGINATORS went to watch a Shakespeare musical show called "The Tempest" directed by Shiona Carson at Tuen Mun Town Hall. After the show, students got the chance to chat with the director and even got a personal tour of the backstage!

Emaginators 一起去屯門市政廳觀看由 Shiona Carson 導演執導的莎士比亞 音樂劇《暴風雨》。演出結束後,學生們不僅獲得與導演交流的機會,還有幸 能參觀演出場地的後台。







I hope to experience again. ticket price that we paid.

4A Peregrino Kyla Dela 1C Rodrigues Shalome

shows before but I never and I really admired the actors, knew what went on behind who were around my age. They Watching the show and the scene. I was really grateful were able to express a lot of getting to see the inside to be able to tour around the emotions and brought a lot of works of a show was the most theatre and further understand feelings to their performance. It unforgettable experience for how a theatre show operates. was an educational experience me. It was a great opportunity that and was definitely worth the

1C Sharma Sahil Suresh

We learned how the backstage I've been to a few theatrical The tempest was a good show works and how the director directed the whole show.







Girls' Basketball Competition 女子能比比賽

Girls'Basketball Team finished their Inter-school competition this year. Although we did not get any trophies, we gained experience and satisfaction. Playing a sport gives students a lot of advantages: physically healthy life and a mentally healthy mindset. Before the competition, we practiced a lot as we know that 'no pain, no gain'. During the competition, we faced a lot of obstacles: teammates got injured, the opponent team kept scoring. At the same time, we showed our strong mentality by keeping calm. Together with strong team spirit, we overcame all the challenges and finished three great

女子籃球隊今年完成了學界比賽。雖然我們沒有得到任何獎盃,但我們贏得經 驗和滿足感。玩一項運動能予我們很多好處:不單是體格上的健康,而且是心 理的健康。比賽前夕,我們努力地練習,因為我們知道「一份耕耘,一份收穫」 的道理。這跟我們的學習一樣:我們付出多少努力,就會得到相應的回報。在 比賽時,我們遇到許多困難:隊友受傷、對手不斷得分.....但同時,我們表現 出堅忍的態度,每分每刻都保持冷靜。加上強勁的團隊精神,我們越過所有障 礙,完成了三場精彩的比賽。



5A Harry Ada Dona

Joining the Girls Basketball Team has been such an amazing journey. We all started as beginners. The challenges we went through and all the ups and downs are the things that make us better. We were always nervous and anxious about matches because we were scared of embarrassing ourselves. However, there was always joy even after losing because we felt that we tried our best. The best part of it was the true spirit of sportsmanship that we had. Seeing the girls enjoying the match and learning from their mistakes is so inspiring. l love my team and I can't ask for more.







JA Company Programme enables students to develop their entrepreneurial spirit and skills, including goal setting, creative problem solving, teamwork, communication, digital marketing and learning from mistakes. Under the guidance of volunteer business advisors, students establish and operate a company as they would in the real business world. JA CP Trade Fair is one of the highlight events of the

JA 學生營商體驗計劃讓學生發展創業精神及技能,包括設定目標、 創意解難、團隊合作、溝通技巧、數碼營銷概念以及如何從錯誤 中學習等。參加計劃的學生在義務的商界顧問指導下自組學生公 司,嘗試於真實商業環境中運作,並舉辦了一場展銷會。

JA Company Programme 學生營商體驗計劃





















5C Balwani Jash Mahesh

As a marketing director, it was a great experience to learn about what it takes to be part of a team and what it takes to run a Marketing team. With the help of my fellow classmates and friends, it was a memorable experience and journey. Throughout this wonderful 5-month journey. IMPACT wasn't just a company, it was more than that, it was a family. During these five months, I have learned to plan every step along the way, to analyze each business situations, to research and compile data in order to make accurate decisions. Along with this journey, understanding the consumer behaviour and how to cope with the competition are one of the few skills I have gained. The main objective of marketing is to increase the company's sales and we did achieve that through Instagram and Facebook. One of IMPACT objectives is to raise awareness of ethnic minorities through our umbrellas and we did achieve that with help of my marketing team. As a marketing director, we did a great job of marketing our products but we could have done a better job in marketing our products, we could have registered on other online shops and advertise our products there. As a Marketing Director of IMPACT, we did a great job and I would thank Junior achievement for giving us this great opportunity.

5A Cheng Allison Yi-Ting

I am Allison; I was the finance director of my schools JA company, Impact. This year I was lucky enough to be a part of this amazing company. I got to learn so much more about how a business runs and all the many components that is needed to make a good and successful company. Being the finance director, I got the chance to work with an amazing group of people to manage our company's money. We had to work as a team to plan and budget our money to manufacture our product and bring our dream into a reality and manage our profit and our losses. Of course it's wasn't always easy, there were times when we weren't all on the same page, arguments started as we had our own opinions or the distribution of work between members was uneven. However, with listening to each other and having all the members' opinions and ideas heard, we worked together and divided the work we needed to do to make our company run as smooth as possible. Overall, being a part of this company, I was able to gain more skills, such as leadership and problem solving that will help me in the future. I also gained a deeper understanding of the importance of teamwork and how every person, no matter how much they contribute, are all important because without them, our company would not be as successful. I am so grateful and thankful to have been the finance director of this amazing company and I couldn't be happier with how everything turned out.







Serning Day



1B Kaur Shubhneet

The Life-Wide Planning Day took place on 19th October 2018.

The students were required to complete certain tasks and work

on some team-building games. Through the activities, students

displayed great collaboration and problem-solving skills. We

believed that it was a rewarding learning experience for all.

所有學生均在這次活動中獲得一次寶貴的學習經驗

I really found this experience interesting because I have never fished before! I really enjoyed the experience and I definitely want to go again!

3A Acharya Krishna

Overall, I had a huge blast during my stay at the Sai Kung Outdoor Recreation Centre. It had a lot of facilities where you can play indoors or outdoors, a tuck shop to buy snacks or lunch, and much more. I am very thankful for this experience and opportunity.

2C Khan Farishta

I went to a picnic outing with my school and it was really fun, I got to learn how to roller skate, I got to learn how to play archery, I got to learn how to play table tennis and many other things. Although the weather was so hot, I still had a lot of fun like I got to chase my friends across the field and tell funny stories about my life and all other things.

5A Sumram

Our school picnic was held on 19th October 2018 in Tai Tam Country Park. At first, I thought it would be guite tiring since we had to go hiking. However, it was just a 10-min walk from the bus stop. When I saw the beautiful and breathtaking scenery, I felt peaceful and I really enjoyed the breezy fresh air. I was very excited to spend some quality time with my friends. We had a great time there. I also learnt some skills, such as how to cook properly and how to keep the environment clean. Sometimes, it is good to take a break from our busy school work and spent some time with our friends and teachers in the countryside.



A memorable day. 19th October, a day everyone was looking forward to. The school picnic! We had an amazing barbecue at Tai Po. During the barbecue, not only did we have so much fun and ate a lot of different varieties of food, we also got to spend quality time with our classmates and teachers who helped us create a stronger bond with each other. I definitely enjoyed the school picnic as it has taught us a lot of things, including how to be responsible, how to corporate with our classmates and how to take care of ourselves.

6B Karandeep

This experience took us all the way to the Hong Kong Disneyland. It was a very nice change of pace, something I believe all the students craved. After spending most of your days in school, and studying nonstop, it almost felt like a breath of fresh air. For me and my friends, it was an ecstatic day, a feeling that was synonymous with everyone present on that day. School is important, but these experiences of mingling with your schoolmates, and taking on new challenges are the icing on the cake that every student wants to eat. With the freedom the teachers provided us in the park, it was a very unique feeling, our teachers were no longer chaperones, and in fact they were almost like our friends. The park was like decorations at a birthday party; it enhances the party, but is never the sole reason why you attend it. This Life-wide learning day was not about Disneyland; it was about us and the experience that we created.



Universities Visit

Education is an important part of students' life planning, and we encourage our students to explore opportunities offered at the high education institutions in Hong Kong. This year, we arranged visits to universities including the City University of Hong Kong, the Chinese University of Hong Kong, the Education University of Hong Kong, the Hong Kong Universities of Science and Technology and the University of Hong Kong. Guided by teachers, many who were alumni from these universities, as well as interacting with different representatives at the university campus, students become more motivated in their study and actively prepare for the pursuit of further study.

教育是生涯規劃中重要的一環,因此我們鼓勵 學生積極探索高等院校所提供的學習機會。今 習動機,我們均期待將來他們能成為大學的-









2C Bibi Yashfa

I have never joined this kind higher learning motivation.

2C Sultan Ayesha

This event is so great for me. [The event] was excellent. I got to of activity before. I enjoy it I am happy for this career know more about the university. very much because it was fun. exploration. I feel like to become Because of joining this event, I I visited many places there more confident and creative. with my teacher and friends. Although I have joined this kind as well as problem-solving skill. Through this visit, I improved my of activity before, this time I had I am more confident now. It was communication skill and have a better mindset and gained amazing. I would like to join this problem-solver. more knowledge.

2C Azeem Sadia

have better critical thinking skill activity again and again.

Munish

There were many things to learn about in HKU. I am impressed by the great facilities. I had exposure to the community by being part of

2C Ramchandani Ritika 3B Toledo Moira Daphne Gonzales

Although most of the tour was about the dorms, it still gave me a lot of insight into the ins and outs of the university environment. I also found out about a lot of courses I can consider in the future. This activity was this event. And glad to be a better an excellent opportunity to better my life values; I have a higher sense of possibility and self-confident

Stand By You 伴你同行

It is the Leadership Training Scheme that was sponsored by Shamshuipo Police with 10 other schools joined together. Participants have chance to explore and develop their leadership potential through a series activities such as training group and war game. In addition, participants will receive anti-crime or anti-drug message through visiting prison and drug info center. Besides, students have chance to explore more places in Hong Kong for enlarge their view such as BBQ in Tai Po, Orientation in Stanley. Participants will develop positive attitude through joining the Scheme.

這是一個由深水埗警民關係組為 10 多間學校舉辦的領袖訓練計 劃。透過一系列活動,如:領袖訓練及戰爭遊戲活動,協助參加 者培養和發展領袖才能。參加者藉著參觀監獄和藥物資訊天地, 了解毒品的禍害以及滅罪的重要性。此外,到大埔燒烤,赤柱定 向等活動一方面讓參加者有機會探索香港不同的地方,擴闊視野, 另一方面也能培養他們正面的處事態度。













Business-School Partnership Programme 商校合作計劃

This year, our school joined The Business-School Partnership Programme organized by the Education Bureau. Through this learning platform provided by the business and public sectors, our students learnt about different careers and the requirements of employers so that they could get prepared for life in society. We believe our students enhanced their generic skills and broadened their perspective of the world, hence ultimately achieving the goal of whole-person development.

今年,我校參與了由教育局舉辦的商校合作計劃。透過公私營機構提供的非傳統學習平台,學生可藉此認 識不同的工種,瞭解工商企業的運作及僱主對僱員的要求,使他們做好投身社會的準備。計劃提升了學生 的共通能力及擴闊了他們的世界視野,最終達到全人發展的目標。



4A 陳嘉曦

這次我到了廣博中醫治療中心實習,體驗配藥和協助治 療的工作,實在令我獲益良多,當天一大清早,我就到 了位於上環的中醫治療中心,一步入中心,職員馬上熱 情地為我介紹各項工作,又開始教導我如何完成各項任

我的首項工作是配藥,負責配藥的職員張姑娘耐心地向 我講述各種工具的使用方法和不同藥物的功用、例如、 何謂覆方和配方、量羹的使用等等,我覺得當中最具挑 戰性的工作是從看上去一式一樣的百子櫃中找到需要的 藥物,我每次都小心翼翼地仔細尋找指定的藥物,生怕

其後,我去了協助診症和治療,負責治療室的職員文姑 娘仔細地教導我如何協助醫師為病人治療,例如,協助 醫師施針、推拿等等,又教導我不同用具的使用方法, 又讓我跟診, 今我了解到中醫師和病人的診症過程。

這次實習令我學會了很多日常生活不會接觸到的中醫知 識,又體驗到在中醫診所工作的困難和挑戰,雖然我在 活動完結後身心俱疲,但我所得到的經驗是非常寶貴

4A Karkee Alina

Taking the internship was the best decision I' ve ever made. Although there were times I encountered some difficulties like language barrier, the benefits far outnumbered. I feel that the experience empowered me to really dive headfirst into getting ready for my "real-world" career. Beyond learning how to conduct research and improve my writing skills by going through the files of different companies, I' ve learned so many things about my field of study and internships in general. While I know it sounds cliché, I truly feel that the lessons I learned throughout my first internship experience will carry with me throughout my professional career. After spending time in the office and getting into the groove of things, I realized that internships are supposed to be a learning experience. I started asking more questions and engaging in discussions related to my work that really interested me, and I was able to pick up knowledge that I never would have been able to come across in any other setting.



























5B Singh Yash Preet

On the 31st October, it was our school's sports day and it was a very important day for me because I've trained a lot for my events. It was a long preparation for my events. I joined 100m, 1500m, 110m hurdles and 4X100m relay. I was completely prepared for my events and I got gold medals in all of my events, which was more than I expected to get. I believe hard work does pay off. Without the training provided by Mr. Hon, I wouldn't have gotten anything. Although we didn't win the overall house champions, I'm proud that our A grade did the best among 4 houses. And I hope we win the overall champions next year. Good luck to V house!

4A Zahid Aaizah Zaidy

Despite the hot and sunny weather, I had an amazing time. I eagerly participated in 1500m, 400m, high jump as well as the relay competition. Other house members and I thrived for the best for this event. I had a great time competing against great athletes, trying my best and hardest to win for not only my own satisfaction but also for my house. The most unforgettable experience that harbored deep in my mind was the time I spent together with my friends. We have gone through a lot together. We practiced and competed under the hot sun, and we cheered loudly for our housemates. We did not give up because we all understand that persistent struggle is the key to joy and



























More than 30 prefects of our school participated in a leadership training programme conducted by the Hong Kong Christian Services. The whole programme lasted for half a day on 27th of October 2018. The training helped the participants to enhance their leadership and team work skills, and maximises their effectiveness for the school perfect team. The half-day workshop activities helped our prefects to be good role models and mentors for schoolmates and to work within a team. They learned to be a leader and the skills required to handle difficult students and situations.

我校共30多名學生於2018年10月27日參與了由香港基督教服務 處舉辦的「領袖訓練計劃」。是次計劃不僅有助於學生提升領導能力 團隊合作能力和學習的效率,還可以幫助他們更好地成為同學們學習 的榜樣和團隊的領導者。

Substance Abuse Prevention and Leadership Training 藥物濫用預防和領袖訓練計劃







4A Pun Prerna Tiliia

memory fondly!

4B Kaur Shubhika

I really enjoyed the "save In this training, I had learnt a I have learnt many things from the egg from cracking" lot of things including how game because it sparked to cooperate, get along and very helpful and useful. We ideas from everyone and know more about one another. allowed everyone to bond in I really had an enjoyable and the group, it took patience, fun time doing activities and self-esteem and conversational efficiency and flexibility presenting scenarios with my skills. I find it really challenging to execute the plan. I' Il teammates. It helped me to and interesting because it definitely look back at this handle difficult situations in an taught me how to deal with easy and fast way.

4C Sharma Akshav

the leadership course. It was can learn a lot of skills to lead a team. It also improved my problems, understand different people and become more confident

Hong Kong Red Cross 香港紅十字會 YU36B

All-round Service Unit 多功能服務團隊

For most people in Hong Kong, it is hard to imagine how it would feel to be illiteracy, but it is a totally different story for people who are in disadvantage. The YU 36B is one of the units that designed study services to the ethnic minority children in Hong Kong. In addition to education, we also take care about the health of the people in our community. We provided first-aid and health check services to our residents in Sham Shui Po District. The community services are aim at promoting health knowledge and enhancing health condition. Behind the successful scenes, our members have attended various training courses with the great help by the Red Cross volunteers. We would like to express our gratitude to them. "Every journey starts small step", we hope that we can help the disadvantaged groups and bring more positive impacts to Hong Kong.

在香港這富饒的地方,各種制度也很健存,很難想像仍有文 盲。但是,對於一些弱勢的社群來說,情況卻可以是很不一 樣。青年團 36B 是其中一隊為少數族裔兒童提供課餘學習服 務的團隊。除了教育方面,我們也關心社區人士的健康狀況。 我們為深水埗社區人士提供急救及健康檢查服務。我們希望 透過這些社區服務,在社區宣傳健康知識和改善健康狀況。 我們的會員均需參與各種紅十字會的訓練。謹此感謝各位義 工的幫忙。「千里之行始於足下」,我們希望能幫助更多香 港的弱勢社群,為社會帶來更多改變。

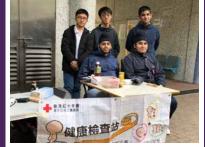
First Aid in Sports Day 陸運會急救項目





Community Health Check 社區健康檢查

Photo Shooting for HKRC Promotion 紅會宣傳海報拍攝









Regular Training 恆常訓練





HKU Theatre Visit 香港大學劇院參觀

It was the first time for students to visit the HKU theatre, which is also the venue for their performance. They learned about how they can make good use of the stage and the different areas of the theatre. They also checked out the changing rooms and the other function rooms.

是次活動讓我們學生參觀香港大學的劇院,學生 不但參觀了更衣室和其他多功能表演廳,學生更可以學習如何充分利用舞台和劇院的其他不同位 置進行表演。







1C Sharma Sahil Suresh

and sound effects, there were so many buttons. It was interesting to see all these things for the first

4A Sotto Alexandra Anselmo

Ming Cultural Centre (theatre) in The University of Hong Kong sent shivers down my spine. I have months' time, I would be on that same stage doing what I love to do— acting on stage. Who such an opportunity at a young age.

1B Thapa Alen

Upon arrival at the HKU theatre, we were given were there. This visit was an eye opener because I didn't know that this theatre was actually for experimental performances and that most performances don't use mics. On that day I learnt that putting a show on stage has lots of



On October 30, 2018, the Students welfare Association held a series of Halloween activities. They turned the GP² into a Halloween haunted house and offered face painting to our teachers and students.

和同學作面部彩繪,大家都樂在其中













Haunted house was our first and the most

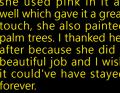
























3C Diocares Katrina

When my teacher told me about a volleyball competition, I was beyond excited because volleyball is my passion. At first, I was scared and not confident enough. But thanks to my friend who is very confident, I eventually gained enough courage to join the competition. During the competition, I was scared at first. But I soon realized that I don't need to impress anyone but myself. So, I just played and focused on myself instead of looking around and observing other's reaction. Overall, I enjoyed it. It made me love volleyball more and the other players inspired me to work harder.







Beauty Course

We held a two-day Beauty Course in November. The course brought a lot of meaning to our students. In the future when they need to attend a scholarship or job interview. Make up could help them give a pleasant impression. At the same tim some of our students want to be cosmetologist after graduation, this course gave them some basic understanding and skills of being a cosmetologist

引的個人形象,給別人一個良好印象。同時,有些學**会** 希望畢業之後當美容師,而這個課程正正給他們一些實 美容師的基本知識。







4B Jumshad Aisha

4B Ramos Faith Janae Agito

5B Bi Aisha

I think this event made me think more about our career as



Firm Visit and Cultural Sharing 公司參觀與文化分享



Students visited Baring Private Equity Asia (BPEA) Hong Kong Office in November. It was definitely an eye-opener to students! Not only touring around the office, some fun ice-breaking games were arranged to motivate interaction between the staff and our students. Students shared about their culture and festivals with Baring team. In return, Baring team shared about their work in the business industry and personal life. Most of the Baring team are from foreign countries and share similar backgrounds with our students. Therefore, the stories from the Baring Team evoked resonance among our students. This visit increased students'exposure to another side of Hong Kong and the business industry.

在十一月,我們的學生到 Baring Private Equity Asia (BPEA) 的香港公司參觀。這次參觀讓我們的學生大開眼 界!除了參觀了他們的公司,我們也有一些破冰遊戲,意 勵學生主動跟該公司員工交流。學生亦分享了他們國家的 文化和節日;同時,員工們也分享了他們的工作和個人經 歷。該公司的員工大部分都跟我們的學生一樣,都是來自 外國。所以,他們的經歷處處都跟我們的學生產生共鳴。 這個參觀一方面讓學生簡單了解到金融工作,一方面予學 生向陌生人介紹自己的寶貴機會。



1A Khan Malaika

was nervous and shy while answering the questions. We there is beautiful!

1A Zuha-Bibi

The event was very fun. I I felt great to go there. But first I was I felt good and proud of really scared because I don't know myself for overcoming them. We only knew their basic my fears while I was walked around the office and background before going to BPEA presenting in front of the it is so big! The sites were so Hong Kong Office. After some time, staff. I also hope to do this comfortable. I had a lot of fun we had some activities to know each kind of activity again. there. They also prepared a other. We had a great time. They lot of things for us. The view gave us some cookies, meaningful story books and notebook.

2C Khan Farishta





Dorsett Hotel visit 旺角帝豪酒店參觀

A group of S5 students studying the THS (Tourism and Hospitality Studies) visited the Mong Kok Dorsett Hotel to get to know about the hotel business. An introduction talk was organised by the Dorsett staff member to give students an idea about the Dorsett group. Besides, the staff member kindly gave us a tour around the hotel, including two different types of hotel rooms, the food stall and even the gym room! During the tour, students learnt about the latest technology implemented in the guest room, Dorsett's hotel's environmental policy and the special food and drinks service provided.

修讀旅遊和酒店管理學的中五級學生為了解酒店業務,參觀了旺角帝豪酒店。同學 生參觀酒店,包括兩種不同的酒店客房,小食亭,以及健身中心!在參觀期間,學生 了解到客房內的最新科技、酒店的環境政策以及酒店為客人所提供的特別餐飲服務



5B Gill Shamsheer Singh

We had a briefing session where we gained more knowledge about the past history about the hotel branches and current branches located in different countries. We had a lot of fun learning about the hospitality industry. I personally had more fun learning practically by looking at them and imitating the roles of the departments of hospitality industry.

5B Tasif Oasim

We had an amazing day. We had a visit to Dorsett Hotel, we learnt this during the visit how a hotel is managed, what kind of rooms there were and how different people perform different duties in a hotel. I kept learning more about hotel, like what strategies a hotel makes to attract more tourists and manage their hotel well. Overall, I had a lot of fun and I enjoyed my visit to Dorsett hotel.









GLP Power Hong Kong Limited Vis

CLP Power Hong Kong Limited Visit is held because we wish students interested in physics or engineering to explore related career pathways. CLP is a crucial company for the generation, transmission, and retailing of electricity in Hong Kong. Students got to know more about the various jobs and their requirements. They also mentioned the career path of various positions. Later, students had a tour of different power generators, learnt some energy-saving practices and played with some high-tech equipment.

我們舉辦中電參觀的原因是希望修讀物理、或對工程又興趣的同學可以簡單了解他 們的職業路向。中電集團是亞太區規模最大的私營電力公司之一。他們的員工首先 向我們介紹不同部門的工作、員工的職責及要求。他們也提及了不同職位的職業路 向。之後,我們看了一些發電機器、了解到一些皆能習慣和嘗試運作一些高科技儀 器。學生在活動中亦非常投入。











4A Cheng Brian Mikael Dytianguin

I learned so much about how electricity runs in Hong Kong. I also have more understanding towards the different job opportunities CLP has to offer. I enjoyed the demonstrations with the generators and the VR gameplay. The construction and the design of the building is beautiful and stunning, something you wouldn't expect from an electric company. I'm glad that I got the opportunity to visit because it opens up a lot more job opportunities for me in the future.

"Behind the Scenes" in Madame Tussauds Hong Kong 香港

古港

古沙夫人

蠟像館

「互動遊學團」

On 1/12/2018 (Sat), 19 students from S2 to S5 joined "Behind the Scenes" in Madame Tussauds Hong Kong. We spent 30 minutes for learning:

- A brief history on Madame Tussaud
- Discover the essential steps and tools in wax figure making process
- Interactive presentation: measurements section and hair insertion

And we toured around Madame Tussauds HK and took the pictures with the wax figures for about 1.5 hours. Students excited the tour as they can touch the wax figure and knew the process of making the wax figure.

在 2018 年 12 月 1 日(星期六), 我校共有 19 位中二至中五同 學參與香港杜莎夫人蠟像館「互動遊學團」。同學們約有30分 鐘時間瞭解和體驗包括:

- 杜莎夫人蠟像館的背景和歷史
- 製作蠟像過程及量身工具
- 模擬量身及植髮技術

然後,同學們開始遊覽杜莎夫人蠟像館,並與世界各地名人的蠟

參加者對於能夠用手觸摸蠟像和瞭解整個製作過程感到很興奮













Photo-hike to Nam Sang









2B Gocela Christian Jay Minaya

incorporated this technique into my photos. The hardest part in taking photos at Nam Sang Wai was that there shot, and I found it annoying because I couldn't really do much about that. But overall, my experience was have to wait long to take turns using the camera. wonderful and I'd love to go there once more.

2B Rai Swornim

The experience with the camera was interesting because I mostly don't know how to use the new model of cameras. and helped me take better pictures. I would like to go The outing was very interesting.

3B Santiago Nicole Diaz

In this outing, I learnt how to make use of lighting and I've only been to Nam Sang Wai twice, including this outing. The outing was actually quite pleasant and calming. Despite only four people coming, I actually were other visitors! They often managed to slip into my think that it worked in our favour. Since there were only a few people, it was easier to take pictures as we didn't

3B Pun Jyoti

I was very happy that I have learnt how to use a DSLR. After joining this outing, I learnt about photography and how we can get that perfect angle. It was so useful to more of these outings.

Nam Sang Wai is a wetland park surrounded by rivers and lush forests up north of Yuen Long. Being a popular destination amongst hikers, cyclists, and (most importantly) photographers, it is the perfect place for just about anyone who wants to escape the cramped cityscape of Hong Kong. Students had the opportunity to take advantage of the open space to freely experiment with their photography skills within unfamiliar territory. The park was vastly photogenic as there were several abandoned huts, ornamental shrubs and vines, and small unquarded grasslands. The epic scenes the club explored was lit with natural lighting and –luckily—with few people!

南生圍是位於元朗以北的濕地公園,周圍環繞著河流 和茂密的森林,是想遠離繁囂的遠足人士、單車手及 攝影師的熱門去處。我校學生在廣闊的草原上自由拍 照,練習不同的拍攝技巧。這個地方非常適合攝影, 因為這裡既有廢棄的小屋,也有可供觀賞的灌木和藤 蔓,以及人跡罕至的草原。加上這裡人跡罕至,攝影 組的學員可以隨意拍照,捕捉美景。





Komalpreet Tiwari

It was my first time to visit such a place in Hong Kong with music and art activities. I've never been somewhere where I could explore different creative talents. It was also my first time using a DSLR all thanks to Mr. Russell for lending me his camera. I captured some shots with the techniques he taught us. Personally, I don't think I'm that good with cameras because I haven't got many chances to hold or walk around with one.

It was a great experience for me as I enjoyed different kinds of music there. At first, I didn't know how to hold the camera properly but I eventually got the hang of it. At the end of the day, we got the opportunity to enjoy and capture the amazing sunset. It was quite calm and beautiful. I hope we'll have more outings like this in future.

Kowloon. It is a space that welcomes creatives, various local pop-up stores, and music and arts performances all year round. The events that day included an energetic mix of performances and a wide array of art stalls and fun activities for students to try or photograph. To top it all off, this location provided an unobtrusive view of Hong Kong's city skyline and the horizon: The perfect place to take photos of the sunset. The photography club members explored model, event and candid photography while being exposed to a sunlit environment which allowed them to capture effortlessly well-lit shots. More importantly, as there were only three students who attended, they were able to have hands-on experience with using a Digital Singlelens Reflex (DSLR) camera in a low-pressure environment with many subjects to take.

「自由約」是在西九龍藝術公園舉行的免費戶外音樂和藝術活動。這個活動全年都會有創作 家,當地流行商店、音樂和藝術表演的加入。當天,學生為各個表演、藝術攤位和活動進行 拍攝,用相機記錄這些活動的精彩時刻。西九龍藝術公園還是香港城市天際線和地平線的視 圖,更是拍攝日落的最佳場所。在陽光照射下,攝影學會的成員不僅能夠輕鬆拍攝出光線充 足的照片,還可以學習模型和活動的拍攝技巧。最後,由於是次活動只有三名學生參加,他 們均有機會親身體驗使用數碼單反相機(DSLR)拍攝照片的樂趣。

Multicultural Day 多元文化日



The multicultural Day provides an opportunity with students to raise the cultural awareness and educate students about the similarities and differences among cultures. All S.1 students were divided into different groups to set up booths for introducing their cultures, histories and the traditions of their ethnic groups. They also prepared traditional cuisines to share with teachers and students. In the afternoon, the school organized "Talent Show", in which students and teachers came on the stage to have creative performances and showcase their talents in music and dance.

「多元文化日」加強學生的文化意識,亦是一個教育學生接納不同文化的的機會。 的歷史、習俗和文化背景等,同學也需準備各種地道的傳統美食,讓其他老師和同 學品嚐。而下午的「才藝表演」讓老師及學生有機會展示他們在音樂及舞蹈上的才































































2018-19 HKFA Jockey Club Futsal Cup-Challenge Day 賽馬會五人足球盃 – 足球挑戰日



On 1 December 2018, the Girls' Football Team participated in 2018 - 2019 HKFA - Jockey Club Futsal Cup - Challenge Day. We played in two matches and we played against teams from HKRSS Tai Po Secondary School and HKBU Affiliated School Wong Kam Fai Secondary and Primary School. It was an exciting and energetic friendly match. We had teammates from S.1 to S.5 playing in the matches. Our teammates played hard, demonstrating their teamwork and team spirit in the games. Every kick and defense they did demonstrated the effort they put on their trainings. Finally, the DMSGP Girls' Football Team ranked third in the group. In the coming days, our team will strive for the best and continue to improve the skills and tactics of our team members.

2018 年 12 月 1 日,本校女子足球隊在賽馬會五人足球盃 – 足球挑戰日 (學校組)活動中參賽。本隊參加了兩場比賽·並與來自香港紅卍字會大埔卍慈中學及香港浸會大學附屬學校王錦輝中小學的隊伍對賽。兩場比賽氣氛既熱烈又和諧。本隊球員涵括中一至中五級學生。她們在比賽中盡顯功架,全然發揮其自訓練中學得的技巧。最後,本隊榮獲小組第三名。日後,本隊將會力爭上游,令球隊臻於完善。



1B Rivapreet-Kaur

I started playing football when I was 7 years old. On the morning of that day, my friends and I practiced playing football so that we would be more confident. When we reached the football ground, I was so shocked to see that the players from the opponent team were so tall. We played hard and tried our best without thinking much about what was going to happen. Although we were so confident, we failed to win the match. I was so sad, but I said to myself that I can do it next time.

5C Gill Sukhiit Kaur

Being a football team member for 2 years has been a great experience for me. It is an honor for me to learn new things and represent my school in matches. Playing the match in To Kwa Wan Football Ground was a great lesson for our team to improve our weakness and pay more effort. Losing the match did not reduce our team unity and spirit. Our coach helped us a lot on that day and also gave us a lot of motivation. I wish the team to improve in the upcoming matches.

Youth Life Planning Activities

「想創前圖」青年生涯規劃訓練計劃

Youth Life Planning Activities assist students to explore their choice in their career plan and increase their knowledge and awareness of life planning and multiple pathway. Through interactive activities and career sharing, our students can not only have an impression on the working environments, but also they can learn more about the requirements of different jobs. We hope the experience have brought them some insights in planning their paths in future.

「想創前圖」青年生涯規劃訓練計劃提升學生對多元出路的了解,并協助他們探索職業的選擇。通過體驗活動和工作經驗分享,我校學生不但可以認識工作環境,還可以了解不同崗位的要求。我們希望這些經驗會為學生帶來啟發,幫助他們計劃未來。









Animal Whisperer 動物傳心師









Food & Beverages 餐飲









Staff from Advertisement & Micro Movie 廣告及微電影製作從業員











observation on the features of coastal organisms. The activity helped students understand the importance of establishing protected marine areas.

2018年12月14日,一群修讀地理的高中生於海下灣海岸公園參加了一個4小時的考察活動。他們 化身成海洋生態學家,在岩岸及沙灘等地以科學方法研習海岸生境,設立樣方研習海岸生境並觀察生 物習性。此活動也能讓學生體驗成立海岸保護區的重要性。













6C Muitaba-Amiad

Our guide showed us many amazing sea creatures and the condition of the environment. Due to water pollution, the natural habitats of the sea life is being destroyed. We got to see different kinds of seashells and even did some experiments for our study. I'm very thankful that Miss Lam was there with us as she kept sharing her knowledge and we 繁華城市的景色,令人為自然的 got to learn something new.

Science Competition

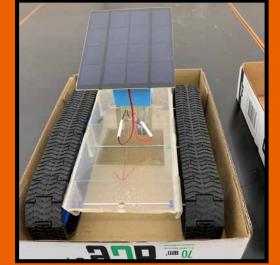
科學比賽

The theme of the science competition this year was Solar Car Design. Our students needed to design a car either they can run with the highest speed or was able to carry the heaviest weight. It was a very meaningful activity that students could apply the knowledge in science, mathematics and technology education. It was impressive that students suggested a lot of ideas on how to build cars better through trial-and-error, and sought advice from peers and teachers. It was a really valuable experience for our students to understand the nature of science - to stress on investigation and experiment, instead of memorizing theories in textbooks.

本年度科學比賽以太陽能車為題。同學需要設計一輛可以快速移動或能承載重物的太陽能 車。學生需要靈活科學、數學和資訊科技科的知識,才可以製作出高效能的太陽能車。老 師們最感欣慰的是看到同學在製作過程中雖然不斷失敗,但他們不單沒有放棄,反而會反 思自己的設計,探求解決問題的方法。是次科學比賽提供了一個寶貴的機會,讓學生們了 解到科學並不是單單牢記教科書上的理論,而是透過科學實驗,去驗證我們的假設。







4C Saniit Grurung

I enjoy this competition because For this year's science competition, Ms.Lau. Although we weren't the first learn something new. but we were not last either.

4A Singh Sukhrajvir

2B Kaushik Sidharth

The creativity is the kind of thing that we can't just I can sense a very close and open we had to make a solar panel car get but need to think a lot for it. Science is full of environment of teaching and learning. with given motor to battle with creation where we build things. I got a project like We can freely discuss for making solar different teams. Two cars were this. I failed for six times but succeed at last! 'The car. I will never forget the equipment strung together and they battled Solar Panel Car' was the most challenging project of solar car that were brought to class by pulling one another. It was in my life. At first, I had the Inter-Class competition by our teacher. By putting so much an unforgettable experience for and the teacher thought that I was capable for effort, Me and my group members can me and my classmates because the Inter-Delia competition. Even though me and proudly say that it was our work and We we never built a solar panel car. my group didn't win and we were sad about it, we have learnt so much from that process. Thanks to this competition, we had a lot of work and effort into the solar panel It was good to be in such a supportive had a chance to make something car and even failed multiple times that made our group! And more importantly, I greatly new. I hope I can join science car fast which crossed 1.23 meters in 0.91 second! appreciate the science (physics)teacher competition again next year, and The Science Inter-Delia Competition was the most challenging competition I' ve participated in, and I would love to enter this kind of competition again!





Members of the Culture Club had a fun and fruitful day learning about culture at Hong Kong Disneyland on 9th December 2018. One of the most exciting activity was going on the ride, "It's a Small World". Students applied concepts they learned, such as "globalization" and "cultural exchange" while appreciating the beautiful design of the facility. Everyone was engaged in the discussion regarding the authenticity of cultural references that permeated our daily life and had the hands-on opportunity to design their own corner for "It's a Small World".

文化學會的同學們於 2018 年 12 月 9 日在香港迪士尼樂園裡度過了愉快的一天。除了享受各 式各樣的遊樂設施,當日的重點節目是參觀「小小世界」。同學們在欣賞館內美麗的設計後 有機會應用從前學到的概念(如「全球化」、「文化交流」等等)進行關於文化的討論,亦 發揮創意嘗試設計「小小世界」裡的娃娃和佈景。











4A Limbu Richa

reuse a can to make a ring. I was more than thankful towards the PolyU Design students for letting me experience a different form that I still have a long way to go.

4A Peregrino Kyla Dela Cruz

The upcycling workshop taught us how to Upcycling is the process of transforming any used material or waste and to turn it into something new with a new purpose. After attending the workshop that Education Corner held, I was amazed at how flexible most things are. There, we took cans and turned turn promotes the importance of art that I didn't know about. It was a them into rings. Now, I like to look more into the things and think of saving the environment. I 要做到尺寸適合、形狀美觀閃亮必需 whole new area of art for me and it proves of ideas and ways to give them a new purpose. It's just like what they say, one man's trash is another man's treasure!

like this afterwards.

I like the concept of upcycling 是次工作坊運用升級改造的概念‧利 hope to join more workshops 全神貫注,用心去製作。整體而言 這是個很有趣的藝術體驗活動。























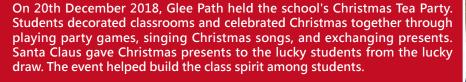














2018年12月20日是學校一年一度的聖誕聯歡會。學生們齊聚一堂,裝飾課室 並且通過遊戲互動,歡唱聖誕歌和交換禮物來慶祝聖誕節的到來。聖誕老人抽出幸 運兒贈送聖誕禮物·把歡樂帶給每個學生。是次晚會培養了學生間的團隊精神。





A Disneyland trip with the Mystery and the Hidden Secret Society! Not only members could enjoy the amazing roller coaster rides or watching the 4D movie, Mickey's Pillar Magic, members are also given tasks and detective booklet. Each members are given a black-and-white photo and they have to find the buildings on the photos inside Disneyland. What's more? We went to the Iron Man Experience and Mystic Manor and learnt about the escape room element. This will definitely be handy when we are creating our escape room later in the second term.

一個任務是要找出照片當中的建築,然後在建築前自拍。另外,我們也到了迷離大宅及參加了 鐵甲奇俠飛行之旅,了解密室逃脫的元素,這有助學生在第二學期製作密室逃脫的路線







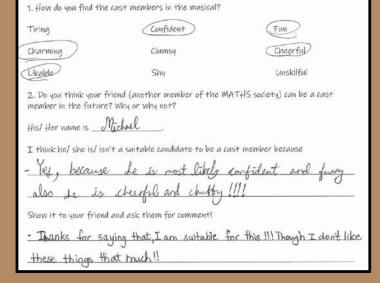
3B Khan Alisha

My favourite ride was Space Mountain since it was dark and scary inside which was so fun. I was very excited too because it was my first time taking a picture with Mickey Mouse and I also felt very scared to ride the terrifying rides like RC Racer.

2B Kaushik Sidharth

What is your favourite activity?

My favourite activity was the Big Grizzly mountain Runaway Mine Cars because it was exciting and there was also sudden drops and loud sounds! What is the best thing that happened to you on the Disneyland trip? The best thing was when my friend and I was scared for the ride but we still went in! Some feedback after watching the Mickey's Pillar Magic:





Kindness Walk

慈善行

In December, our students joined the Kindness Walk with an NGO called ImpactHK. ImpactHK's goal is to provide the homeless with a connection to friends, society and a safe and comfortable home. Our students had a kindness walk in Sham Shui Po and Tai Kok Tsui, giving food and daily necessities to the homeless people in Hong Kong. This event is absolutely meaningful to our students: they can understand the life of poor people in Hong Kong in person, at the same time, use their hands to help them. Moreover, they can explore more on the city they are living in. Hong Kong is although renowned for its mature development of financial services, in the corner, there are people being homeless. We all hope our students can contribute more back to our society, saving more unfortunate people from insecurity.

在十二月,我們的學生參加了由一家非牟利組織,ImpactHK·舉辦的慈善行。ImpactHK 致力為露宿者提供一個安全和舒適的地方居住和結識朋友。當天寒風凜冽,但學生堅持參加慈善行,向露宿在深水埗和大角嘴的人士派發食物和日常用品。這個活動對我們的學生意義重大:他們可以親身了解到露宿者的生活,同時身體力行幫助他們。他們還可藉著這次機會,探索香港這個國際大都會的另一面。香港雖然經濟發達,但卻有不少人要露宿街頭。我們希望學生將來可以回饋社會,幫助更多不幸的市民。







3B Kamal Munazzah

Sometimes the people seems just take advantage of us giving things to them. They let me realize that I have to be grateful when we get help from the other. Also, I felt sad that the government seemingly did not help them but only hid the problems.

3B Kaushik Riya

After I gave the t-shirt to one person, he said "that's really kind of you". I felt good to help them. Yet, it was sad to see so many hopeless people in Hong Kong.

3B Sharma Chahal

The most impressing moment was when I started to feel comfortable with the homeless. At first, it was hard but it was getting easier. I should be grateful for what I have and don't waste anything.

Ng Teng Fong Charitable Foundation Scholarship Programme 黃廷方獎學金

The Ng Teng Fong Charitable Foundation Scholarship Programme aims to recognize students with excellent academic performance and contribution to the school and the community. This year, our student Kaur Navaldeep was awarded the scholarship and received the award in the Royal Pacific Hotel and Towers. We hope that the recognition would drive her to excel further and to be role model for our students.

黃廷方獎學金旨在嘉許一些學業有傑出表現,以 及不遺餘力地服務學校和社會的學生。今年,頒 獎禮在香港皇家太平洋酒店舉行。我校中四級郭 皓蝶同學成功獲得獎學金,我們希望郭同學能繼 續奮發向上,並與同學分享學習經驗及心得,成 為同學的好榜樣。





4A Kaur Navaldeep

My dream is to become a doctor. Although my dream Amy seem very hard to achieve, but it's not impossible. I'm willing to do everything I can to achieve this dream of mine. Ever since I was young, I lived in a place which was full of poverty. Looking at children being sick every day and not have money to go to doctor was heartbreaking. Although my family's condition was good at that time, they wouldn't do anything to help those sick kids, which broke my heart too. After looking at those kids suffer for so long, I decided that I wanted to do something to help them; that's when I decided to become a doctor. If I'm able to achieve this dream of mine, I would help as many people as I can. Being able to cure people and see them happy will be the greatest achievement of my life. Becoming a doctor is not easy, when I do become a doctor, I will do my very best and be the best version of myself. I don't want to disappoint anyone and I will always try to do my best in my job. After I become a doctor, I want to open a clinic for women, I believe that in this generation not all women get to have a proper treatment or they can't afford the treatment. I want to treat these women in a cheaper cost or maybe free but I want them to be cured. Looking at people being sick has always made me sad, if I get the opportunity to cure them and be happy, I would undoubtedly do everything I can to make that happen. I would also like to open a nonprofit organization for children who need special care. It's very hard for parents to always provide special care to the children who need it. Therefore, I want to open a centre where these children are provided with all the care they need and make sure that they grow up in a loving environment. Although people may think that I can never do that, I want to prove them wrong. I believe in myself and I would become a doctor one day.



聯校學生福利會在 2018 年 12 月 15 日舉辦了聯校歌唱比賽·代表吉利徑參賽的同學於是次比賽獲得優秀的成績·分別在獨唱組及合唱和獲得西爾及季爾。

The Joint-school Singing Contest was held on December 15, 2018 by the Joint-School Students' Welfare Association. Our representatives did a great job in the competition. They won the second place in solo and third place in group.





4A Peregrino Kyla Dela Cruz
I felt proud and happy for our group
but more for myself as I finally
got out of my comfort zone. This
experience made me realize that I
am capable of a lot more than what
I think.



3A Gurung Suhita

When I was on the stage, I was shaking at first because it's going to be my turn, but I told myself that "you can do this, even though you lose or even messed it up, at least enjoy singing on the stage" and then I sang on stage and I really enjoyed it because there were so many people cheering for me, supporting as well! I was so happy and yet enjoyed it! My friends, my schoolmates and the teachers were really happy and proud of me! Hopefully, next year 'll try winning another trophy if I ever get to join this competition, thank you everyone again for those who were to support me and also the students who joined this competition!





4A Rosario Jeninna Anne Sumayao We got the 2nd runner-up and that was more shocking for me, I was already satisfied that we performed well on stage in front of a big audience and the award was just a bonus. Our passion for singing really paid off and if there's any opportunity like this again, I would definitely join it.







Chow Tai Fook Art Foundation and Tsikuchai-Ink Painting Workshop allowed students to learn to paint ink paintings on plants.

由周大福藝術基金及集古齋携手推出的水墨畫工作坊讓學生了解以植物為題的水墨畫的繪畫技巧。







2B 盧文彬

首先要感謝指導我書法的老先生。通過這次的活動我了解到書法在中國已經有悠久歷史·我也明白到中國書法裡(一點、一橫、一瞥、一豎、一勾)都非常重要·而且每一筆一劃都要依循漢字的規律·才可以表現出千姿百態的書法藝術。 通過這個活動·我對水墨畫增加了認識·經過老師的講解和指導後·我這個對中國書法一竅不通的學生所畫的水墨畫也變得像樣一點。

3C Limbu Mangma

I have learned new things like how to hold a Chinese brush and how to paint bamboos. The lessons were fun and interesting and I hope that there will be something like this next time.



Christmas Talent Show

聖誕才藝比賽

The Christmas Talent Show was held on December 20, 2018 by the Students' Welfare Association. It provided a platform for our students to showcase their talents on stage. A lot of students took part in it and enjoyed the show.

學生福利會在 2018 年 12 月 20 日舉辦了聖誕才藝比賽・各同學都踴躍參加・在台上展現自己的才能。





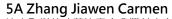












這次聖誕節才藝比賽令我獲益良多。我在這次活動中擔任司儀一職,這不僅提升了我的自信心,而且令我明白如何去掌控活動的氣氛。在籌備活動的過程中,我亦取得珍貴的經驗,例如如何合理安排時間和人手等,而且我還明白到分工合作的重要性,和組員建立了默契。雖然是次活動仍有許多不足的地方,但我相信今次的經驗能令我在下一次的活動表現得更好。





1B Bautista Ocean Reese Pasaporte

This school year I had joined the Christmas Talent Show. It was great but I think I could have done better on my solo performance. Although I have to admit I was pretty nervous. I sang "for forever" from the musical "Dear Evan Hansen". Also, I had a second performance that my teammates and I sang "A Million Dreams", again, from another musical called "The Greatest Showman". Overall, I had a fun experience, it was fun to have a partner with a too!



2B 王淑韻

12 月份的時候,我很開心能和四年級的師姐一起上台表演國風舞蹈「寄明月」,並且得到團體第二名和最佳服飾獎的好成績。因為我們想藉著是次表演宣揚中國文化,所以千挑萬選才敲定了這首歌,而且服裝也是我們仔細挑的,幸好最後的反響不錯。這次的表演有一點點小遺憾,就是我太緊張,以至於我有點忘了動作,還差點崴到了腳。幸好師姐的發揮平穩,我才沒有亂了套。雖然表演有點美中不足,但當我看到不少中國籍同學,以至老師都為我們加油打氣,給予我們鼓勵,我覺得自己很幸運。希望下一次我能發揮得更好!

UPWARD MOBILITY SCHOLARSHIP 上游獎學金

The upward Mobility Scholarship aims to recognize students who are resilient in the face of adversity and can maintain a positive attitude towards life and learning. This year, two students were awarded the scholarship. We congratulate them and hope that they can continue to strive further and contribute to the society in the future.

上游獎學金旨在獎勵學生在學習或個人成長 方面有顯著進步,及在面對逆境時具有奮鬥 精神,保持正面的價值觀和生活態度。今年, 我校有兩名學生獲得獎學金。恭喜她們同時 亦冀望她們持之以恆,力求進步,他日回饋 社會。



6A 詹桂嵐

我很榮幸能夠獲得上游獎學金‧這是對我學習表現的一種肯定。同時‧我也很感謝學校給予我這個機會。其實我想當一名醫護人員或者幼師‧而我的英文成績就成了我達成夢想最大的障礙。雖然我不是一個非常優秀的學生‧但是我希望我可以憑著自己的努力‧不斷進步。我會利用這筆獎學金去補習和購買課外練習‧以提升我的英文水平‧令我在香港中學文憑考試英國語文科取得好成績。最後‧感謝學校老師一直以來給予我的幫助‧並再次感謝學校給予我這個得獎的機會。

6C Poon Mi Sun Dorothy Bueno

It was an honor to receive such a scholarship. Never would I have thought that I would be able to have the opportunity to experience a non-school scholarship. Upon receiving the notice of being awarded of the Upward Mobility Scholarship, I was shocked and I thought it was a joke. Later on when it finally hit me that I wasn't dreaming, I felt so grateful and my determination in studying became firm. Through this, my mindset upon taking HKDSE strengthen and currently doing my best in studying for all of my subjects. Most important of all, I would like to thank my school for appointing me to receive such a blessing. My family are in deep gratitude.

Escape if you can 逃脫遊戲







You are locked in a dark room with your friends, there are locks, hints and riddles inside everywhere. The only thing you need to do is to solve all the puzzles to escape the room! And this is what the activity is about. Members from the Mystery and the Hidden Secret Society joined the escape room experience provided by 'Freeing Hong Kong'. There are three different 魔法高材生和遊俄驚夢。通過是次活動,學生培養了邏輯思維 themes in the rooms, including child kidnapping, the mysterious diary and a 和團隊合作的精神 dream in Russia. It is a good opportunity to train students' logical thinking and teamwork!

你能想像你和你的朋友被鎖在一個黑暗的房間裡,到處都有鎖、 提示和謎語,你只好以解決所有謎題逃離房間嗎? 來自解謎及 偵探學會的成員與其他學生一起參加了"逃出香港!"提供的 逃出密室體驗。 房間裡有三個不同的主題,包括兒童綁架案,



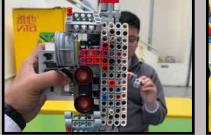
Sumo Robotic Competition 相撲機械人比賽

It is the third time for our students to join the competition. Through the accumulation of experience in the past 2 years, our students could design a better robot and program which can defeat the Sumo robots from other schools and rewarded a gold medal this year. As the teacher of the club, I am happy to see that our students could manipulate the skills learnt in the lessons to design EV3 programs and robots based on the observation of other robots. Our lovely students became more mature. I was impressed that even we lost in a match, our students congratulated the achievements of others and reflected on how to do better next time. It was the most valuable experience for them.

這是我們第三次參加相撲機械人比賽。吸取了過去兩年 及程式設計方面較過往兩年有明顯進步,且能成功擊 學生學以致用,而且能培養學生「勝不驕,敗不餒 的參賽態度,令人欣喜。









3B Singh Inderveer

STEM can help learn the concept of how to build robots. If any of us wants to build one in the near future, it is already possible to build. But the next step would be building AI robots. I hope STEM can be more fun and develop more equipment that we can have a chance to build more, have more things to learn from it, and build more because I like building a lot of

1A Balaii Mahalakshmi Anish

I really feel very proud of myself as I was the team captain of my team. It was really fun going to the competition as I could understand the importance of robotics and the importance of making things. Actually, this was my first time to learn robotics and join the competition. Making the robot was fun and challenging mission. I hope that robotics continues to encourage more students to participate in these types of competition.

3B Thapa Namnet

The match was very interesting because we needed to design a program for our robots. It was a good learning experience. I learned that we should always double check everything before attending the competition.

SBY-Abseiling Training Day 伴你同行:沿繩下降訓練

In a camp site in Sai Kung, a trainer taught our students to climb trees and abseiling skills. The activity was organized with the Tsuen Wan Police Force. The trainer taught them how to climb trees with a rope and how to get down with abseiling skills. The students found the 3-hour training tiring but fruitful. Through this activity, they learned that it is very important to have trust in one another.

「沿繩下降訓練」為本校跟荃灣警民關係組合作的活動,該活動於西貢保良局北潭涌渡假營舉行。在營地內,教 練指導我校學生運用一條繩索來攀樹,並教授沿繩由樹上下降至地面的技巧。在 3 小時的訓練內,同學雖覺得均 覺得疲累卻十分充實,他們均藉此活動,明白了對「扶繩者」的信任是非常重要的。







3A Yaqoob Ali Ahsan

For me, climbing a tree was scary at first. But after my teachers and friends supported and encouraged me. It was easy to climb up and down. In fact, I' m really scared of heights but after the training, it helped me overcome my fear.



The students attended a lighting design workshop at HKU theatre to learn about the importance of different lights, colours and special light effects on a theatre performance. From the workshop, students had more ideas about the kinds of lighting they want for their own performance.

為了學習不同光線,色彩和特殊燈光效果對劇院表演的重要性,我校學生參加了 港大學劇院的燈光設計工作坊。是次工作坊增加了學生對舞台燈光效果的認知。



1A Morales Meagan Jale Molina

On the day of the lighting workshop, me and other Emaginators learnt about different lightings people use in theatre. We also learned about what the lights are for, for example different lights have different shapes and colours. After having a talk about how the lighting works, we got to pick which lights to use. Overall, I felt surprised of how people can use different lightings in one show.



1A Kaur Manpreet

From the lighting workshop, I learnt how complicated the lighting design can be for a production as there are so many buttons, numbers and different kinds of light. Moreover, we can mix the light colours to create a new colour and that we can use coloured lights as a way to show our emotions in theatre.



3B Toledo Moira Daphne Gonzales

During the lighting workshop, we learnt a lot about the different kinds of lighting in the theatre. There are different effects and positions for different lights, so we were able to see which ones can really make an impact in our show! I enjoyed the experience and I liked seeing the technical side in theatre.



4A Limbu Debin

From the workshop, I was able to realise how lighting makes one feel. As a writer, I generally want to make people feel emotions, through the work of my writings. And now, as a theatre artist, I want them to feel emotions, through the work of my actions - and the lights!



2019 學生交易會 - EdUHK 農曆新年交易會



To celebrate the upcoming Lunar New Year, the Education University of Hong Kong (EdUHK) will host the "2019 Student Fair – EdUHK Lunar New Year Fair", providing EdUHK students and secondary school students with an opportunity to develop their entrepreneurial spirits and gain hands-on experience in running booths. The Fair also serves to enhance connections between EdUHK and the Tai Po Community. The Fair gives an opportunity to our Economics Students to explore what will be in the real business world.

為慶祝農曆新年,香港教育大學(EdUHK)舉辦了「2019學生交易會 - EdUHK 農曆新年交易會」,是次活動為香港教育大學的學生及中學生提供創業和營商的機會,且有助加強香港教育大學與大埔區之間的聯繫。交易會也為我校經濟科學生提供了解真實商業世界的機會。





4A Sharma Deepak

The fair was very exciting and meaningful. We got a chance to see how university students organise a trade fair. Compare their trade fair to the Trade Fair our JA company encountered, the university students were much more competitive and proactive and we saw a lot of different business ideas in the trade fair that gave us more ideas on how to make an innovative product and meet consumer needs.

Dancing Club gives students the opportunity to meet up every Monday to practice different dance moves for competitions and performances. Our students have performed in several events and joined many competitions. They have competed in the Hong Kong Schools Dance Festival and received Commended Award for their outstanding performance. They have also performed at an international conference in Chinese University of Hong Kong. The students are versatile in performing from jazz music to Bollywood songs!

舞蹈俱樂部讓學生有機會放鬆自己和享受舞蹈的樂趣。學生們每週一相聚一起,為比賽和表演練習不同的舞蹈動作。我們有一位舞蹈導師,她以極大的熱情教導和訓練學生。我們的學生參加過多場活動和比賽。她們參加了香港學校舞蹈節,並因其出色的表現獲得了表彰獎。他們還在香港中文大學的國際會議上演出。我們的學生不僅擅長表演爵士音樂的舞蹈,還擅長演繹寶萊塢歌曲和其他國家的歌曲!







4B Kaur Shubhika

We have participated in many competitions and learnt a number of things despite the outcome. We always dance with great determination and effort! We were also very privileged to have the opportunity to perform in the Chinese University of Hong Kong. I think the most memorable experience for me would have to be when we received the Honour Award when we competed with many talented schools for the Dance Festival. I felt overwhelmed knowing that all our hard work had paid off and this also encouraged me to continue practicing and to never give up.

4A Kaur Navaldeep

Dancing has always been a huge part of my life. It isn't easy at all, from constant practices to performances, the nervousness is real. Dancing has always been fun for me. No matter winning or not, I' ve enjoyed every stage I've got to perform. It'll always be one of my best choices to join Dancing Club.

4A Gurung Monika

Having the opportunity to perform in one of the top 3 universities in Hong Kong is beyond honorable. Being able to showcase our culture through dancing is one of my greatest achievement. I am grateful and thankful for my members' efforts and special thanks to Miss Rabina for guiding us. We hope we'll have more opportunities in the coming future.





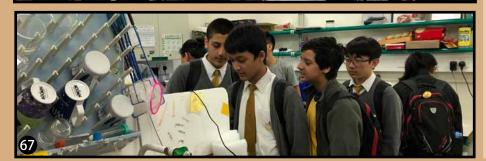












Vitargent (International) Biotechnology Limited, a biotechnology company. The group was first greeted by the scientist working for the company and listen to an introduction to the company's ground-breaking technology. Then, all were invited to tour around the laboratory filled with scientific equipment and intriguing fish species that could detect toxin in samples. Students gained great career exposure through the interaction with practitioners of the biotechnology industry and observing the working environment. All these are crucial in supporting students in clarifying their interest and select academic electives accordingly.

中三的同學有幸能在 2019 年 1 月 31 日到水中銀(國際)生物科技有限公司了解創科行業 的發展和前景。同學們從科學家的分享中認識了該公司研發的生物安全測試技術,及後更有 機會參觀公司的實驗室,嘗試使用實驗儀器,以及觀察能測試毒性的鯖鱂魚和斑馬魚。參與 的同學能透過是次活動更了解自己的志向,為日後中三選科做好準備。

3B Ishtiag Yashla

I learnt a lot from this visit, like different career This visit was an astonishing and eye-opening forward to another one like this.

3B Pandey Krishna

we can choose other than being just a doctor visit that helped me to know how we can test if you opt biology. The main theme for this the products through marine animals like visit was to show us new things and also to fishes. During the visit, I also got to see and help us choose our career carefully. The special know about Charles Kuen Kao "Father of fibre thing that happened was that we asked the optics". I was really delighted and blessed to scientist for chocolates in the end of our visit know about him as I got to know that if there and she presented us with a whole Ferrero was no invention of Optical fibre, we couldn't Rocher chocolate tree. It was an astounding be able to communicate to the people who and exhilarating experience and I am looking are far away from us. So, this visit was very special and I was cognizable.



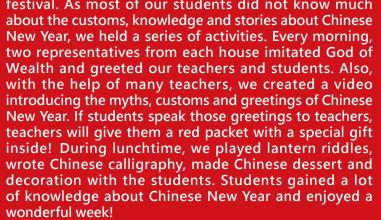












Chinese New Year is an important, traditional Chinese



農曆新年是中國傳統和重要的節日。因為我們的學生多從外國 來,不太了解農曆新年的傳統、知識和神話,所以我們今年舉 辦了吉利慶新年。每天早上,各社的代表都會在學校大門前 以財神爺的裝扮跟老師和學生打招呼。我們也準備了一段介紹 中國農曆新年傳統和祝賀語的影片:只要學生跟老師說幾句祝 賀語,老師就會給他們一封紅包。在午飯時間,老師也與學生 一齊猜燈謎,寫揮春,煮中式甜品和裝飾。多得各位老師的支 持,我們的學生學會許多有關農曆新年的知識,並渡過了充實





4B Khan Sonniva **Pimentel**

I really like learning about In the event, I learned how learned stories such as you say it to them. about why Chinese people use red colour which is to scare the monster.

4C Hussan Kashif

I have learnt a lot of things I like Chinese New Year

4C Singh Harpreet

about Chinese New Year. If because I received a lot you wish something good of red packets. It was fun to others, they will give to celebrate Chinese New you a red packet. I have Year and I want this kind learnt a lot of words that of celebration every year. Chinese New Year. Lalso makes people happy if I wish I could give red pocket one day!



Developing intercultural competence: Experiential learning 建立跨文化能力:體驗式學習













This programme let me find myself CUHK's breathtaking scenery made me wonder by teaching me more about my background and necessary life skills. the CUHK campus tour, as it allowed again in the future, as it allowed me know myself more.

4A Sotto Alexandra Anselmo

what university life would be like. Visiting the campus gave me a tiny glimpse into a My favourite experience would be university student's life. I liked the Gate of Wisdom. It was meant to be a gate of success me to truly see how large it was. We and when you walked from one side to the had specific events, such as photo other, rest assured you're going to graduate, or taking, writing a letter to the future some say you're going to be "smarter". I fel me, career planning and more – in overwhelmed and a hint of anxiety started to which I enjoyed it to its full extent. kick in. We walked through it. Somehow, the I wish to attend these programmes action made my heart at ease even just for a moment. That moment served as a reminder to to experience University life and never quit and someday I'll be able to live my dreams without hesitations.



A group of pre-service teachers from the Education Faculty in CUHK organised a 5 part life planning program called "跨界共編織希望 兼愛心花放". The five sessions are namely "Knowing you, knowing me", "Your culture tastes great!", "What lies ahead?— Visit to CUHK", 'CV Writing and Interview Workshop' and "DSE skills sharing". We envisioned that students can construct a more solid understanding of their identity and personalities and recognise their strengths and weaknesses. Therefore, devise a personalised plan for their future life and career. Our intercultural sensitivity has been heightened after prolonged interaction with the students.

Anissa Ng, Benjamin Ng, Christy Chan, Kenny Chan

我們是一班來自香港中文大學教育學院的準教師。我們十分榮幸能夠與地利亞修女紀念學校(吉利 生涯規劃活動,名為「跨界共編織希望 兼愛心花放」。這五節分別為「我是誰你又是誰」、「鼓起 這勇氣 跨出這距離 - 認識社區」、「夢想於漆黑裡仍然鏗鏘 - 認識大學生活」、「履歷及面試工作坊」 以及「永遠會有辦法未怕路遠未怕黑 - DSE 技巧分析」。我們希望透過活動令學生能夠對於自我身 份及性格有更透徹的理解,以及認識自己的長短處,繼而訂立個人化的人生計劃,為自己的將來生 活及事業作規劃。同時,我們亦希望帶出這個課程並不只受益於地利亞的學生,對我們四位亦有相

吳瑋瑜、吳彬堯、陳雪霖、陳立軒









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